Guest Blogging Guidelines

The Ageless Mind Project blog is published weekly on our website with announcements and links in our social media feeds and virtual world groups. We have a large and diverse membership focused on a variety of topics, projects, and programs designed to foster ageless minds. Some examples include multi-national collaborations with universities, interactive games, online and virtual world classes, support groups, live dance and vocal activities, and presentations on everything from how music affects the brain and creative self-expression to community building in virtual spaces.

We welcome guest blogs on topics that explore how whole body, mind, and spirit wellbeing can be achieved and maintained. Below are general guidelines. Please email AgelessMindProject@gmail.com with any questions.

Length
600 – 1,000 words

Visuals
Please include a header image: 600 x300
Videos are welcome but should be no longer than two minutes
Author photo: 200 x 200

Author Bio and Links
Please include a short bio about the author of the piece.
Please carefully check the spelling of your name and include any credentials you would like to appear after your name.
Please include a link to the author's website where readers can learn more.
Please include contact information including email, social media links, or websites

Cross Promotion
Below are a list of our social media accounts.
Please like, follow, connect, and join our groups.

Submissions

Please send your submission as a Word document to AgelessMindProject@gmail.com

Please enter "Blog Submission" in the Subject line

Be sure to let us know if the topic is time sensitive.

Please be sure to include a way for us to contact you if we have questions.

Publication

Once the post is live, we will send you an email and start posting to our accounts.

Please send us links to accounts where you have posted so we can like and share as well.